Food Chemistry 112 (2009) 1022–1030

Contents lists available at [ScienceDirect](http://www.sciencedirect.com/science/journal/03088146)

Food Chemistry



## Analytical Methods

# Differentiation of monofloral citrus, rosemary, eucalyptus, lavender, thyme and heather honeys based on volatile composition and sensory descriptive analysis

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## article info

Article history: Received 4 March 2008 Received in revised form 16 May 2008 Accepted 18 June 2008

Keywords: Honey Volatile compounds Gas chromatography Sensory analysis

#### **ABSTRACT**

The volatile profiles of 49 Spanish honey samples of different botanical origins were obtained by means of gas chromatography–mass spectrometry and sensory analysis. Citrus honeys were characterised by higher amounts of linalool derivatives, limonyl alcohol, sinensal isomers, and  $\alpha$ -4-dimethyl-3-cyclohexene-1-acetaldehyde, together with fresh fruit and citric aromas; eucalyptus honeys had hydroxyketones (acetoin, 5-hydroxy-2,7-dimethyl-4-octanone), p-cymene derivatives, 3-caren-2-ol and spathulenol, cheese and hay aromas; lavender honeys had hexanal, nerolidol oxide, coumarin, important concentrations of hexanol and hotrienol and sensorial attributes, including balsamic and aromatic herb aromas; finally, heather honeys were characterised by high contents of benzene and phenolic compounds and ripe fruit and spicy aromas. Some of these compounds and sensory attributes were only found in honeys from a specific floral source and could thus be of interest for use as markers of their botanical origin.

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#### 1. Introduction

Nowadays a current tendency is to define the distinctive character of unifloral honeys in order to obtain a standard of quality and authenticity for these products that will allow them to be competitive on the market. Many of the volatile compounds of honey come from the nectar of the flowers. For this reason, monofloral honeys have a distinctive pattern of volatiles composition that can be used to discriminate them from honeys of different botanical origins. Over 300 volatile compounds have been identified as honey aroma components, including acids, alcohols, ketones, aldehydes, terpenes and esters [\(Alissandrakis, Daferera,](#page-8-0) [Tarantilis, Polissiou, & Harizanis, 2003; Alissandrakis, Tarantilis,](#page-8-0) [Harizanis, Daferera, & Polissiou, 2005; Bouseta, Scheirman, &](#page-8-0) [Collin, 1996; Castro-Vázquez, Díaz-Maroto, Guchu, & Pérez-](#page-8-0)[Coello, 2006a; D'Arcy, Rintoul, Rowland, & Blackman, 1997;](#page-8-0) [Santford & Manura, 1994; Shimoda, Wu, & Osajima, 1996; Soria,](#page-8-0) [Gonzalez, De Lorenzo, Martinez-Castro, & Sanz, 2005; Wilkins, Lu,](#page-8-0) [& Tan, 1993\)](#page-8-0).

Although honey volatile compounds may arise from various sources, only compounds deriving from plants, or their metabolites ([Blank, Fischer, & Grosch, 1989; Rowland, Blackman, D'Arcy, &](#page-8-0) [Rintoul, 1995](#page-8-0)), might be useful for differentiating between floral origins.

Some ramified aldehydes and alcohols may be formed by microbial metabolism, whilst pyran and furan derivatives arise from Maillard reactions or dehydration of sugars in an acid medium; these reactions may be accelerated if honey is subjected to high temperatures during processing or storage ([Bouseta, Collins, & Dufour, 1992\)](#page-8-0).

Several authors have identified specific volatile compounds as being characteristic of a particular floral origin and thus useful as ''floral markers" [\(Guyot, Bouseta, Scheirman, & Collin, 1998;](#page-8-0) [Guyot-Declerck, Renson, Bouseta, & Collin, 2002; Häusler &](#page-8-0) [Montag, 1989; Radovic et al., 2001; Serra Bonvehí & Ventura Coll,](#page-8-0) [2003\)](#page-8-0). Although the identification of such compounds would be highly advantageous, there is not always agreement on the compounds proposed as markers, since there may be differences, even within a single type of monofloral honey, due to the plant variety, the geographical origin or local beekeeping practices.

Descriptive sensory analysis has proved an effective means of distinguishing various types of food on the basis of origin or source ([Dairou & Siefferman, 2002; Setser, 1994\)](#page-8-0). Its application to honeys may – taken in conjunction with data obtained from the analysis of volatile compounds – help to differentiate between floral origins. [Mannas and Altug \(2007\)](#page-8-0) have recently used volatile composition, together with sensory profile, for estimation of authenticity of thyme honey.

The aim of this work was to identify the volatile compounds and the sensory descriptors more representative of honeys from different botanical sources, allowing differentiation among them, and establishing a relationship between chemical and sensory data for each kind of honey.



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## <span id="page-1-0"></span>Table 1

Mean concentrations (µg/kg), assuming a response factor equal to 1, and mean relative standard deviations (%) of volatile compounds in each group of the monofloral honey extracts



#### <span id="page-2-0"></span>Table 1 (continued)



RI were calculated on a BP-21 column (50 m  $\times$  0.32 mm  $\times$  0.25  $\mu$ m).

n.d., not detected; tr, traces.

<sup>a</sup> Compounds identified using Wiley library.

## 2. Materials and methods

#### 2.1. Honey samples

The study was carried out on 49 commercial Spanish honey samples from different floral origins. The monofloral honeys were selected from citrus (10), rosemary (10), eucalyptus (10), lavender  $(7)$ , thyme  $(7)$  and heather  $(5)$ .

#### 2.2. Isolation and analysis of volatile compounds

A micro scale simultaneous distillation-extraction apparatus (Chrompack, Middelburg, The Netherlands) was used as previously described [\(Castro-Vázquez, Pérez-Coello, & Cabezudo, 2003;](#page-8-0) [Godefroot, Sandra, & Verzele, 1981\)](#page-8-0). Fifteen grammes of honey dissolved in 40 ml of deionized water, with 15  $\mu$ l of 2-pentanol (1 g/l) as internal standard, were extracted using 2 ml of dichloromethane as solvent over 2 h. The extracts obtained were concentrated to 200 µl under nitrogen flow. Sample extractions and analysis were carried out in duplicate.

A Hewlett–Packard G 1800 B GCD System (Hewlett–Packard, Palo Alto, CA), equipped with a gas chromatograph and a quadrupole mass detector in electron impact mode at 70 eV, was used to carry out the GC–MS analysis of the extracts. An amount of 2  $\mu$ l of the extract was injected in splitless mode (0.6 min) on a polyethylene glycol capillary column BP-21 (50 m  $\times$  0.32 mm  $\times$  0.25 µm of film thickness). Oven temperature programme was:  $60^{\circ}$  C (3 min)–2  $\circ$ C/

min–200 °C (30 min). Carrier gas was helium (0.8 ml/min). Injector and transfer line temperatures were 250  $\degree$ C and 280  $\degree$ C, respectively. Mass detector conditions were as follows: source temperature, 178 °C; scanning rate, 1 scan/s; mass acquisition range,  $m/z$  40– 450. Peak identifications were based on comparison with spectral data and retention indices from pure standard compounds when they were available; otherwise the Wiley G 1035 spectrum library was used. Semiquantitative analyses were carried out, assuming a response factor equal to 1 for all the compounds.

#### 2.3. Descriptive sensory analysis

Honeys cited in Section 2.1 were presented at room temperature in 40 ml glass vials sealed with a twist-off to generate an adequate headspace. Three different coded samples were presented to each assessor. Honeys were evaluated in duplicate by every assessor. The assessment took place in a standard sensory analysis chamber equipped with separate booths [\(ISO 8589, 1988](#page-8-0)).

The panel consisted of a group of ten assessors, ranging between 25 and 40 years old with previous experience in sensory analysis.

At initial sessions, assessors underwent training in descriptive sensory analysis. Then they generated descriptors individually over the course of several sessions. Thirteen odour attributes were selected in order to describe the differences among the honeys. After that, they spent additional sessions evaluating the intensity of each attribute according to unstructured 10 cm scales, delimited at the ends by the terms ''weak" and ''strong".

<span id="page-3-0"></span>

Fig. 1. Cluster analysis of volatile compounds of monofloral honeys. Dendrogram of honey samples using the Euclidean distance matrix.

## 2.4. Multivariate data processing

Processing of data was carried out by using the SPSS for Windows programme package. The unsupervised techniques used were principal components analysis and cluster analysis. Correlation between the volatile compounds and sensory intensity attributes was determined by calculating the Spearmans rank order correlation coefficient [\(Siegal, 1956](#page-8-0)).

## 3. Results and discussion

#### 3.1. Volatile composition of monofloral honeys

In total, 106 volatile compounds were identified in the 49 honey samples analysed. Mean concentrations ( $\mu$ g/kg) and relative standard deviations (%) for each of them in the different monofloral honeys, are shown in [Table 1](#page-1-0).

The data matrix was first subjected to hierarchical cluster analysis, which seeks to place cases in homogeneous groups or clusters not previously known, but suggested, on the basis of information drawn from the table of variables, so that the most similar samples are assigned to the same cluster.

The dendrogram obtained [\(Fig. 1\)](#page-3-0) shows that honeys from the same floral origin were assigned to the same cluster, thus highlighting their similarity. Successive higher-level clusters indicated similarities between different types of honey: rosemary honeys were fairly similar to thyme honeys, but rather less similar to lavender and citrus honeys. Heather and eucalyptus were placed further away from this group, and there were even some subgroups, indicating small ''intragroup" differences.

To obtain more detailed information on the volatile compounds involved in differentiating the monofloral honeys studied, factorial principal component analysis was applied to the whole data matrix. The first four principal components accounted for 71% of total variance. Projection of samples in the space formed by the principal components, PC-1, PC-2 and PC-4, are shown in Fig. 2. Eucalyptus honeys were grouped in the positive area of PC-1, whilst PC-2 separated citrus honeys from the rest. Lavender honeys were grouped in the positive area of PC-4, and the remaining samples in the negative area. PC-3 separated heather honeys from the rest (not shown).

The compounds most strongly correlated with the first four principal components are listed in [Table 2](#page-5-0), which also gives mean concentrations for those compounds in the honeys separated by each axis. PC-1, which separated eucalyptus honeys from the rest, displayed a strong correlation with terpene compounds, including 3-caren-2-ol, p-cymene and its derivate alcohols (the two isomers of p-cymen-8-ol) and 2-hydroxycineol. p-Cymen-8-ol is one of the major volatile compounds in eucalyptus essential oil extracts ([Fadel, Marx, El-Sawy, & El-Ghorab, 1999](#page-8-0)) and it has been measured in Australian eucalyptus honeys [\(D'Arcy, Rintoul, Rowland,](#page-8-0) [& Blackman, 1997](#page-8-0)). However, isomers of p-cymen-8-ol and 2 hydroxycineol have also been reported in Italian and Japanese monofloral honeys of various origins ([Shimoda et al., 1996;](#page-8-0) [Verzera, Campisi, Zappala, & Bonaccorsi, 2001\)](#page-8-0). The sesquiterpene, spathulenol, is fairly common in plants, but this is the first time that it is identified as a component of honeys.

The norisoprenoid, 2,2,6-trimethyl-2-cyclohexen-1,4-dione (isomer II) (ketoisophorone), was identified at high concentrations in eucalyptus honeys. Others norisoprenoids, such as 8,9-dehydroteaspirone and 3-oxo-a-ionone, have been proposed as markers for Australian eucalyptus honeys [\(D'Arcy et al., 1997](#page-8-0)).

High concentrations of diketones and hydroxyketones, are widely reported in the literature as markers for eucalyptus honeys ([Bianchi, Cereri, & Musci, 2005; Bouseta et al., 1992, 1996;](#page-8-0) [Graddon, Morrison, & Smith, 1979; Pérez, Sánchez-Brunete, Calvo,](#page-8-0) [& Tadeo, 2002; Radovic et al., 2001; Serra Bonvehí, & Ventura Coll,](#page-8-0) [2003\)](#page-8-0). 3-Hydroxy-2-butanone (acetoin) was the most abundant ketone in the eucalyptus honeys analysed, with a mean concentration of 1.04 ppm. 3-Hydroxy-5-methyl-2-hexanone and 2-hydroxy-5-methyl-3-hexanone have also been identified exclusively in eucalyptus honeys and have recently been proposed as markers



#### <span id="page-5-0"></span>Table 2

Results of the application of the principal component analysis to the volatile composition of monofloral honeys



Volatile compounds most correlated with the first four principal components and mean concentrations ( $\mu$ g/kg) in the separated honeys.

<sup>a</sup> Compounds quantified exclusively in that botanical origin.

for this botanical origin [\(De la Fuente, Valencia-Barrera, Martinez-](#page-8-0)[Castro, & Sanz, 2007](#page-8-0)).

Another compound identified in eucalyptus honeys was 3 methyl-thiopropanal (methional), derived from sulfur-containing aminoacids. Since its olfactory detection threshold is very low (0.02 ppb) [\(Piasenzotto, Gracco, & Conte, 2003\)](#page-8-0), it may have a considerable sensory impact in this type of honey. Its aroma has been described as ''baked potato", and it is among the compounds with the greatest sensorial impact in linden honeys analysed using GColfactometry ([Blank et al., 1989\)](#page-8-0).

PC-2 separated citrus honeys from the other monofloral honeys. The compounds correlating most strongly with this axis were the linalool derivates, namely (E)-linalool oxide, lilac aldehydes and lilac alcohols, whose concentrations were much greater in citrus honeys than in other honeys [\(Alissandrakis et al., 2005; Castro-](#page-8-0)[Vázquez, Díaz-Maroto, & Pérez-Coello, 2007; De la Fuente, Marti](#page-8-0)[nez-Castro, & Sanz, 2005; Soria, Martinez-Castro, & Sanz, 2003\)](#page-8-0). Lilac alcohol and aldehyde isomers were first identified in lilac oils ([Wakayama & Namba, 1974](#page-8-0)) and later reported as components of gardenia flowers [\(Serra Bonvehí, 1988\)](#page-8-0). They have been suggested as floral markers in New Zealand thistle honeys [\(Wilkins et al.,](#page-8-0) [1993\)](#page-8-0) and in citrus honeys ([Alissandrakis et al., 2003; Alissandrakis](#page-8-0) [et al., 2005; Pérez et al., 2002](#page-8-0)).

a-4-Dimethyl-3-cyclohexene-1-acetaldehyde was one of the most abundant volatile compounds in the citrus honeys tested. It has recently been reported in Greek citrus honeys ([Alissandrakis](#page-8-0) [et al., 2005\)](#page-8-0).

Methyl anthranilate, at concentrations of over 0.50 ppm, has also been suggested as a floral marker for citrus honeys [\(Serra](#page-8-0) [Bonvehí, 1988](#page-8-0)). However, use of an additional marker is recommended wherever samples display concentrations of less than 0.50 ppm, or the volatile extraction method used does not fully recover this compound ([Pérez et al., 2002](#page-8-0)). In our samples, methyl anthranilate concentrations ranged from 0.53 to 2.3 ppm. In this way, the two isomers of sinensal, volatile components of orange essence oil and recently identified in Spanish citrus honeys ([Castro-Vázquez et al., 2007](#page-8-0)), could be additional floral markers of citrus honeys.

The fourth principal component separated lavender honeys. Among the compounds correlating most strongly with this axis were nerolidol oxide and coumarin which were only present in the lavender honeys; the latter have been described as characteristic of this type of honey by other authors [\(Bouseta et al., 1992,](#page-8-0) [1996; Radovic et al., 2001; Shimoda et al., 1996](#page-8-0)), although [Guyot-Declerck et al. \(2002\)](#page-8-0) have shown changes in its concentration as a function of honey storage time.

Hotrienol and alcohols and aldehydes with six atoms of carbon may be found in honeys of various origins, but their concentrations in lavender honeys analysed were greater than in other types, and they may thus contribute to differentiation of this type of honey.

Heather honeys were grouped in the positive area of PC-3, on the basis of their major content of phenolic compounds, compared with other monofloral honeys, such as guaiacol, *p*-anisaldehyde, propylanisole and p-cresol, although most of them have also been found in honeydew honeys [\(Castro-Vázquez, Díaz-Maroto, &](#page-8-0) [Pérez-Coello, 2006b\)](#page-8-0).

2-Aminoacetophenone, a compound derived from aminoacids, and 2-hydroxyacetophenone were detected at important concentrations in all heather honey samples. The former has also been identified in Chestnut honey ([Guyot et al., 1998\)](#page-8-0).

Some norisoprenoids, such as 3,5,5-trimethyl-2-cyclohexene-1 one (isophorone) and dehydrovomifoliol, have been suggested by many authors as markers for heather honeys [\(D'Arcy et al., 1997;](#page-8-0) [Guyot, Scheirmann, & Collin, 1999; Häusler & Montag, 1989;](#page-8-0) [Häusler & Montag, 1991; Piasenzotto et al., 2003; Radovic et al.,](#page-8-0) [2001; Steeg & Montag, 1988; Tan, Holland, Wilkins, & McGhie,](#page-8-0) [1989\)](#page-8-0), although they are common in various types of honey.

Principal component analysis could not differentiate thyme and rosemary honeys. Carotenoid derivatives and 3,4,5-trimethoxybenzaldehyde have been reported as characteristic of thyme honeys [\(Mannas, & Altug, 2007; Piasenzotto et al., 2003; Tan,](#page-8-0) [Holland, Wilkins, & McGhie, 1990\)](#page-8-0). In our case, the most representative compound of thyme honey is linalool, with a concentration similar to that in citrus honey, and the presence of fatty acids in greater concentration than in the rest of the honeys analysed.

Lilac aldehyde isomers were present in rosemary honeys and could contribute, with floral notes, to rosemary honey aroma. High concentrations of aromatic acids, some terpenes, and the presence of carbonyl compounds, such as benzaldehyde, as well as sulfurcontaining compounds, have been reported as characteristic of Spanish and Portuguese rosemary honeys ([Bouseta et al., 1992;](#page-8-0) [Castro-Vázquez et al., 2003; Radovic et al., 2001; Serra Bonvehí,](#page-8-0) [& Ventura Coll, 2003](#page-8-0)), but in general it is difficult to identify marker compounds for this type of honey [\(Pérez et al., 2002](#page-8-0)).

The difficulty of finding volatile compounds exclusively in honeys from a specific botanical origin justifies the use of sensory analysis to make this differentiation possible.





 $a-e$  Different superscripts in the same row indicate statistical differences at the  $\alpha$  = 0.05 level according to the Student–Newman–Keuls test.

## 3.2. Sensory analysis of monofloral honeys and correlation with volatile compounds

Mean scores and standard deviations for the sensory attributes detected by the assessors in the monofloral honeys studied are shown in Table 3. Principal component analysis was applied to the sensorial data, resulting in 90% of total variance being explained by the three first principal components. Fig. 3 shows the projection of the samples in the plane defined by the three first components that grouped the honeys from the same botanical origin according to the sensorial characteristics. Citrus honeys were grouped in the positive area of the PC 2 axis due to their high scores for the floral and fresh attributes, whereas thyme and lavender honeys, grouped in the negative area, presented high scores for the ''aromatic herbs" and ''balsamic" attributes, respectively, that were negatively correlated with the PC 2 axis. ''Aromatic notes" have also been described in some monofloral Italian honeys [\(Esti,](#page-8-0) [Panfili, Marconi, & Trivisonno, 1997\)](#page-8-0).

Rosemary honeys displayed sensory profiles intermediate between citrus and thyme honeys, presenting floral and fresh attributes, although they were less intense than in citrus honey, and caramel notes. Higher scores for flowery and fruity notes have been



proposed as indicative of superior honey quality [\(Anupama, Bhat, &](#page-8-0) [Sapna, 2003\)](#page-8-0). Despite this, there are other pleasant sensory attributes present in honey from different sources.

Eucalyptus honeys were grouped in the positive area of the PC 3 axis, resulting in highest scores for the attributes ''hay" and ''cheese", both positively correlated with this axis. Tasters described the aroma of eucalyptus honey as an unpleasant lactic-like aroma, only identified in this type of honey. Finally, heather honeys were grouped in the positive area of the PC 3 axis, according with their high scores for the attributes ''ripe fruit", ''spicy", ''woody" and ''resin" correlated with this axis. Some of these terms coincided with the attributes described in a previous work ([Galan-](#page-8-0)[Soldevilla, Ruiz-Pérez-Cacho, Serrano Jimenez, Jodral Villarejo, &](#page-8-0) [Bentabol Manzanares, 2005](#page-8-0)).

[Sigh and Kaur-Bath \(1997\)](#page-8-0) reported that organoleptic evaluation showed a significant variation in Indian honeys from different floral sources. Sensory analysis showed that trained tasters were able to differentiate among honeys from different floral sources, using the attributes previously selected. These attributes, characteristic of each type of honey, can be related to the volatile composition of the honey, establishing a global aroma profile that can be useful for differentiating unifloral honeys.

Table 4 shows the correlations between the sensory attributes and the concentration of the volatile compounds selected by principal components analysis in the 49 honey samples analyzed. The presence of aromatic notes is influenced by the presence of a few components. Sinensal isomers, recently identified in orange essence oils [\(Högnadóttir & Rouseff, 2003](#page-8-0)), were the compounds most closely correlated with the "citric", "floral", "fresh" and "fresh fruit" aromas of citrus honey. Other volatile compounds characteristic of citrus honeys, such as methyl anthranilate, nerolidol, 1-pmenthen-9-ol, lilac aldehydes and limonyl alcohol, some present in lower concentrations in rosemary honeys, were also correlated with these attributes.

Many eucalyptus characteristic volatile compounds, such as pcymen-8-ol, 3-hydroxy-5-methyl-2-hexanone, p-cymene, spathulenol, 3-caren-2-ol and 2-hydroxycineol, presented the highest Spearman's coefficients for the attributes ''cheese" and ''hay", which were also selected by the tasters for this kind of honey. The presence of spathulenol in eucalyptus honeys might be related to the woody notes ([Jirovetz, Buchbauer, Abraham, & Shafi, 2006\)](#page-8-0), whereas 3-hydroxy-2-butanone (acetoin) could be an important key odorant with ''cheese" and ''cream" aromas ([http://www.fla](http://www.flavornet.org)[vornet.org](http://www.flavornet.org)) since its concentrations were higher than its odour threshold (800 ppb) [\(Buttery, Teranishi, Ling, & Turnbaugh, 1990\)](#page-8-0).

Some phenolic compounds, characteristic of heather honeys, such as p-anisaldehyde, p-cresol and guaiacol have been correlated with "spicy" and "wood" notes ( $p < 0.01$ ). 2-Aminoacetophenone and 2-hydroxyacetophenone also presented a significant correlation with the ''ripe fruit" and ''resin" attributes. All of these attributes were selected by principal component analysis as relevant in the aroma of heather honeys.

Coumarin and nerolidol oxide are the compounds that presented highest Spearmans coefficients correlating with the attributes ''aromatic herbs" and ''balsamic". These volatile compounds and sensorial attributes were characteristic of lavender honeys. However, other compounds, such as hexanal and hotrienol, with odour thresholds of 4.5 ppb and 110 ppb, respectively, could contribute to the aroma of lavender honeys [\(Ribereau-Gayon,](#page-8-0) [Glories, Maujean, & Dubourdieu, 2000](#page-8-0)).

The joint study of chemical and sensory variables in the characterisation of monofloral honeys may improve the differentiations

Table 4





\*,\*\*Significant levels at 0.05 and 0.01, respectively.

<span id="page-8-0"></span>of honey types, and may also provide some insights of the consumer preferences based on the honey aromas.

## Acknowledgements

The authors are grateful to the INIA (Instituto Nacional de Investigación y Tecnología Agraria y Alimentaria) for financial support under the project API 03-004.

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